



We are very pleased to have special guest speaker Stéphane Grenier who is a former member of the Canadian Military. Having served over 29 years, he faced his own undiagnosed post-traumatic stress disorder (PTSD) upon his return from Rwanda. He will account his personal journey to recovery and how he dealt with mental health issues.

Mr. Grenier will be speaking during the Atlantic Health and Safety Conference on **Sunday, November 3<sup>rd</sup>, 2013**, at the Holiday Inn Harbourview, 101 Wyse Road, Dartmouth, NS, at **10:15 a.m.** This portion of the conference will be open to all PSAC members who are interested in attending and not just the conference attendees. **Attendance will be at your own expense.**

Seating is limited so please call to register for the Sunday morning session at (902) 443-3541.

